



## 2020 AAYLC Session Descriptions - 03-07-20

### **It's A Different World...A Look at HBCUs**

Aisha Young 9th - 12th

This course gives Colorado students an inside look at the many opportunities available at historically black colleges and universities around the country. These institutions will have what you are looking for.

### **Dance Fitness Turn Up! Making Fitness Fun**

Angela Hall 6th - 8th

Do you want to laugh and grow while learning techniques to help with physical well-being and mind expansion? This course is for you! This is a fun interactive course where you will use fitness variations including choreographed dance to your favorite songs. Be ready to dance and invent your own moves.

### **Who Wants to be a Millionaire?**

Ashley McNeely 6th - 8th

Who Wants to Be A Millionaire? In this course you will be challenged to find out what your fellow students want to spend their money on. You will get important tools about how to manage your money to meet your goals. You will get the real answer on how to become a millionaire!

### **Spoken Word Poetry & Black History**

Ashley Cornelius 6th - 8th & 9th - 12th

Sometimes it's hard to share emotions and opinions out loud so why not unlock your inner poet to do it? This course will show you how to do it and you learn about black history at the same time. You will have the opportunity to create and share your own work.

### **Health Educational Series - Meet the Doctors**

Dr. Anthony Cooper, Dr. Derric Thomas, Dr. Mario Coleman, Joseph Dailey, David Dean,  
Dr. Francis Onukwuli 9th - 12th

Do you have aspirations of becoming a doctor, nurse or other medical professional? Or are you unsure of what you want to be and want to learn about these fields? This course is for you! You will have the opportunity to speak directly to doctors and other healthcare professionals about the health-care field. You will learn about the healthcare industry which is hungry for more minorities to come work in the industry.



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### **Operation: Options**

Brian Ford 9th - 12th

There are essentially four options post high school: employment, self-employment, college and military. Students may choose one, two or mix and match any combination of the four! For an example you can join the National Guard while being a full-time college student or work a part time job and start a small business on the side! Operation: Options will explore these choices through activities and discussion.

### **The Role of the Black Male: Then & Now**

Blake Hammond 6th - 8th & 9th - 12th

Are you ready to carry on the torch? In African American History there have been highly influential women and men that have shaped our history. Learn about what they started and your role to keep the equal rights fight alive.

### **Do you have the one attribute that will set you apart? Emotional Intelligence**

Candyce Miller 9th - 12th

What is Emotional Intelligence (EQ) anyway and why do I need it? This course will help you learn how to effectively communicate with others in a professional environment and help you become more successful in the workplace. More and more companies are using EQ testing in their hiring. This will help you get ready.

### **Police and Community Youth Relations in El Paso County**

Chris (Chief) Heberer, Frank Lewis 9th - 12th

Let's be real! It can be scary if you get pulled over by a cop. This course will focus on an open discussion about local issues and give you tools to use so you have a positive interaction police as a young adult. Topics of discussion will include: -History of police use of force and community relations the 20th Century aka let's talk about the civil rights movement, the 1960's 1970 into the 2000's highlight some of incidents that shape the relationship today.

Status of relationship between our police and community in 2020. What are our combined goals? How are we doing what can everyone try and do better? How to deal with police officers ie helpful tips.

Educate our young people on their rights and how to file a complaint within our system. A recent Colorado law passed in 2019 and now in effect make it Much more transparent. Pitfalls of social media and how be mindful/careful on it.

Ask for questions and topics the kids want to talk about....and see where we go"



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### **The Great Debaters!**

Curtis Powells 6th - 8th

Do you get anxiety with just the thought of speaking in public? You are not alone! This workshop is designed to help you with this skill. You will gain persuasive communication skills to help you under pressure. You will come out a "Great Debater"

### **Science Connections with the Science Guy**

Dr. Darryl Baynes 6th - 8th

The things you can't see can sometimes have the most explosive and tragic results! That's science! Come learn about how science is a part of our everyday lives including the air we breathe! This program will demonstrate the science of those things you can't see.

### **Don't mess with my Success!**

Dennis Natali 6th - 8th

You should always be thinking about success! This course will help you get started with your plan and you will modify it throughout your lives as you mature and experience new opportunities.

### **Health Educational Series: Choosing a Healthcare Career**

Dr. Derric Joseph, Joseph Dailey 9th - 12th

This Health Educational Series will assist in influencing teenagers to have a broader perspective of healthcare-related fields. Teenagers will understand the importance of goal setting, commitment and reducing distractions in order of conquering the challenges.

### **What's in your wallet?**

Dorothy Bee 9th - 12th

Your credit can impact your financial future and affects you getting a job, buying a house, buying a car, etc. Learn about the things that can positively and negatively impact your credit score so that you can start off on the right foot.

### **Identity**

Ennis Brown 6th - 8<sup>th</sup>

Identifying and executing your purpose



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### **Am I a Leader? I Don't Know. Are YOU?**

Emerald Taylor 6th - 8th

You are a Leader! This course will help you become aware of the leader within by showing you the leadership qualities you already have. You will learn how to use your qualities to lead and learn how to strengthen these qualities.

### **Career and Technical Education (CTE) Fair**

Dr. Ernest Greene 9th - 12th

Do you have a goal to work in business, technical, industrial, service or health career? This course is for you! This course teaches you how to get a job in these fields by learning about the programs at Pikes Peak Community College.

### **Cool STEAM Careers Through Career and Technology Educations (CTE) Initiatives**

Dr. Ernest Greene 6th - 8th

Do you want to go to college? In this session students will get hands-on exposure to several of the fantastic programs that PPCC will offer during the 2020 summer to help them explore three cool careers.

### **Tesla, Lamar Jackson, and Computer Science 101**

Evan Lipford 6th - 8th

Computer Science is not just for experts. Learn how NFL MVP Lamar Jackson and Elon Musk of Tesla use computer science and programming in their fields and discover if computer science is for you. This session will introduce the flexibility of computer science in a way that shows students the power and possibility of programming.

### **Stay Racked & Never Be Broke Again!**

Ezekiel and Jakin Ford 9th - 12th

There are four ways to ensure financial stability: Stash (save), Share (donate/give), Sow (invest) & Spend (wisely). Learn how to divide every dollar so that you will continue to get dollars to divide!



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### **Exploratory Legacy**

Imani Morning 6th - 8th

Sure you have heard of computer careers, nursing careers and business management careers but have you heard of these careers? In this course you will learn how to explore careers beyond the typical and stereotypical careers. You will learn about the importance of black representation in these careers. This session will lead students through owning their individual educational and career/entrepreneurial aspirations, by understanding the historical black legacy in a variety of fields, naming opportunities outside of the stereotypical and expanding on the legacy by creating their own.

### **Regret No Opportunities**

Isaiah Tatum 6th - 8th & 9th - 12th

Embrace Individual greatness! Your life is full of moments that will help you unlock your own potential. Learn how to do that and seize the opportunities.

### **Beyoncé Wasn't Built in A Day**

Jamia "Mimi the Motivator" Wells-Palmer 9th - 12th

Do you want to look rich or actually be wealthy? Many people are trying to keep up with the Carters, without finding out how Jay-Z and Beyoncé create and maintain their lifestyle. Learn what the wealthy know and teach their children.

### **Introduction to JROTC and Military Leadership**

Jeff Cherry 6th - 8th & 9th - 12th

This session will introduce Middle School and High School students to Junior Reserve Officer Training Corps (JROTC) and its benefits while attending High School. The mission of JROTC is to "motivate young people to be better citizens". This session will introduce students to the JROTC mission, core values, and team building.

### **Brothers & Sisters - You Are on My Mind**

Jerald Gatlin 6th - 8th

Brothers & Sisters You're on My Mind is an educational outreach initiative of Omega Psi Phi Fraternity, in partnership with the National Institute on Minority Health and Health Disparities. We want to use this initiative to start conversations about mental health and African American men and women by sharing information and being able to recognize mental health signs and how you can help



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### **Produce, Record, Mix & Release Your Own Song**

Jordan Carter-Hall 6th - 8th

Come and learn the basics of taking your musical idea from your head all the way to Spotify with this jam-packed session. You will learn the basics of producing (how to make a beat), recording, mixing (getting it sounding right), and how to get it to the public. You will also get to hear my story and how I have been able to make an income doing what I love. You will leave feeling equipped, inspired and excited to pursue your musical passion!

### **Be Responsible- Be Healthy!**

Karen Beers 6th - 8th

In this session, you will learn about how to maintain a healthy body through good food. Learn how much sugar is in a variety of foods, as well as discuss options for healthy snacks and meals. We will brainstorm ways that you can become healthier and work to help your family be healthier on a day-to-day basis. This will be a hands-on, interactive workshop, so come prepared take part in the presentation!

### **Entrepreneurship and Business Planning for Secondary Students**

Dr. LaConti Bryant 6th - 8th & 9th - 12th

What does it take to build and run a business? This course will give you hands on experience in building a business and show you how to apply media, technological and mathematical skills. These skills will be useful in your future business careers.

### **In-Balance Dance Therapy**

Leona Abdullah-Ward 9th - 12th

Get your dance on! This class will educate you improve your physical, mental and spiritual health through the art of exercise/dance.

### **Your Future Begins Today: Strategies for Immediate Success**

Marcus Pumphrey 6th - 8th

Have you ever thought that your future was far away and you had time to work on it? It may seem far, but there are steps you can take now that will enhance your immediate success AND your future success? Career, college, unsure; immediate strategies that will enhance your chances for success.



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### **New Beginnings**

Dr. Mark Brown 6th - 8th

NEW BEGINNINGS: Dr. Mark will open up your minds to the endless possibilities that await you. Just as the Sun rises on the horizon of each new day; you also must rise to the possibilities on the horizon of each new adventure in your life.

### **Professional, Confident...Fashionable!**

Dr. Renay Ford 9th - 12th

Students will be given tools that will help them set standards. Setting goals for the future is only one part. Whether students attend college, start their own businesses, or enter the work force, they will need courage to act (confidence), and professional attire that is authentic to their style.

### **Be You! Tapping into your Inner Greatness**

Regina English 6th - 8th & 9th - 12th

How to become a trustworthy leader while staying true to who you are, building character while broadening your mind in order to navigate through tough processes. Believe in you and others will too.

### **Living Your Dreams**

Rick Reese 6th - 8th & 9th - 12th

Live your dreams! This course will guide you to live your dreams by teaching you how to overcome challenges, improve your skills and become a person of value. You will identify and serve your gift and learn how to continuously take action on your ideas.

### **The World of an Ethical Hacker**

Rodney Gullatte 6th - 8th & 9th - 12th

Learn how to be to be a Certified Ethical Hacker. In this session you will learn how to be a good leader and empower your own path. You will learn practical skills to use in business and in everyday life.

### **Be a Great Attorney at Law and Legal Professional**

Dr. Robert Turman 9th - 12th

Whether you aspire to be a lawyer, paralegal or other legal professional, this session is for you. This session offers guidance and Inspiration by having an active conversation about setting and attaining your goals.



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### **History of Hip Hop and Dance**

Sarah Clay 6th - 8th

We will explore the history of Hip Hop and Rap through music and dance. The session will look at how music offers self-expression, history, and invention of new technology that fundamentally changes popular music. This session we will listen to some music and learn some of the fundamentals of how Black History has impacted popular culture

### **You're a Vision Walking**

Sherman & PJ Fuller 9th - 12th

You are a Vision Walker! In this session you will learn to recognize your purpose today and where you are headed using Vision Boards. Learn how your unique gifts help define your purpose, vision and mission!

### **Financial Literacy**

Stanley Gbandawa 9th - 12th

Show me the Money! In this session you will get hands on experience with establishing your financial goals and budget. You will learn the importance of maintaining good credit in order to purchase items like a car.

### **Financial Security- A Black Success**

Tariq Collins Sr. 9th - 12th

Learn how to become financially secure for life! In this session you will learn how to obtain and create financial security and pass down wealth to each other's and the generation to come.

### **Making YOUR Way in the Business of Music**

Tony Exum Jr. 6th - 8th & 9th - 12th

The music business can be full of excitement, triumph, achievement and success. In this session you will learn about the business side of "show business". Aspiring musicians, recording artists, producers and entrepreneurs can learn that there is more to the music business than just talent.



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### **I Am More than my Name**

Theresa Newsom, Ph.D. 9th - 12th

Yes, you are born to be a leader! Did you know the key to good leadership is already in your African American culture? This session will help you realize your leadership potential using The Nine Dimensions of African American Culture.

### **A-Game**

Alpha Phi Alpha Fraternity, Inc 8th - 12th

### **Project Alpha**

Alpha Phi Alpha Fraternity, Inc 8th - 12th

The collaborative project is designed to provide education, motivation and skill-building on issues of responsibility, respect and violence in relationships, teen pregnancy and sexually transmitted diseases for young males ages 12-18 years. Designed to provide young men with current and accurate information about teen pregnancy prevention, Project Alpha consists of a series of workshops and informational sessions conducted by Alpha Phi Alpha Fraternity brothers.